

Avoid Fighting About Money

QUIZ

There are 10 guidelines that doctor and spouse must incorporate into their lifestyles to avoid the risk of confrontation over money. They are listed below. Quiz yourself. If you have more than two “Nos,” you could possibly be one of the seven in 10 couples who don’t see eye-to-eye on financial issues. If this is the case, you need to persevere a little harder to resolve your differences over money.

- Yes No We plan together written personal goals that will help increase our net worth 10-15 percent annually.
- Yes No We evaluate our “game plan” periodically – we have “getaway” weekends every three to four months.
- Yes No We talk openly and have developed open and honest communication. We are dedicated to truth and reality.
- Yes No We know how to constructively deal with the pain that goes with problem-solving financial issues. We don’t avoid it.
- Yes No It is not a problem for us to compromise. We mutually agree that there is a limit on the amount of money we can spend.
- Yes No We exercise self-discipline and delay immediate gratification.
- Yes No We are proactive responsible adults.
- Yes No We live below our means.
- Yes No We “pay ourselves first,” whereby we are able to fund monthly all of our financial goals like payables.
- Yes No Spouse is knowledgeable about both personal and practice finances.

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